



The Triple Threat: CHOREOGRAPHY

Brought to you by: Ms. Hayes, Mr. Meyer, & Ms. Yung



Learning Goals:

At the end of the week, you will:

Explore triple threats in musical theatre.

Identify basic dance steps used in musical theatre.

Explore the role of dance in developing as an actor.

Practice and conquer! a basic choreography routine.





DAY TWO



Day TWO: Take a few minutes to contemplate the following: Do you think Lin Manuel Miranda is a triple threat?

Can he:

Sing?

Dance?

Act?

Oh wait...he can also..

Write!

Inspire!






Who would you consider a triple threat?

Activity:

Search online for a performance of a Musical Theatre actor that you admire. While watching the performance, evaluate the performance for: acting, singing, dancing. Are they a triple threat?



How to access the choreography steps:

1. Go to <https://www.daily8count.com/>This is a FREE RESOURCE right now.
2. On the left hand side, click enter site.
3. Click on Weekly Combination
4. Complete the information for this week's password (email and first name)
5. You will then be given a password on that page, that is used to access the video.
6. Scroll down and you will see the video. Use the password to unlock.



Practice your steps:

1. Put on some clothes you can move in!
2. Review Day One Steps, do you remember all your moves?
3. Access Day TWO Daily 8 Count
4. Watch, follow, and practice until you can complete the steps without watching!
5. Have fun, sell it!!!!



Reflection:

1. How did today's 8 count rehearsal go? Are you seeing improvements?
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